



# Learning & Growth

What we learnt from the delivery of an Online Train The Trainer Programme...

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## Our Story

(what we did and what we found out...)

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- The Online Trainer programme & its structure (Marcus)*
- Pre-programme phone calls (trust, buy in, rapport building) (Marcus)*
- Pairing Up (Willow)*
- Pressure/Relevant tasks/Experiential (Willow)*
- Plan Do Review cycle (Marcus)*
- Time between sessions - Solo & With partner & activities we recommend (Willow)*
- Encouraging honest debate and disagreement in sessions (Marcus)*
- Final reflections (Willow/Marcus)†*
- Q&A*
- Open floor - please come on the mike and ask your question...*

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